



[Obsessive-Compulsive Disorder And Dual Diagnosis](#)

8 Most Common Dual Diagnosis Conditions

Many addicts have a dual diagnosis—their addiction plus a mental health condition. Some addicts use drugs and alcohol to try to self-medicate their mental health symptoms, while others developed symptoms after substance abuse. These are the most common dual diagnosis conditions and how addicts try to alleviate the symptoms.

- 1 Bipolar Disorder**

Symptoms: Intense shifts in mood, energy and functioning between depression and mania.

Most Commonly Abused Drugs: No strong evidence, depending on whether they are in a manic or depressive state.


- 2 Post-Traumatic Stress Disorder (PTSD)**


Symptoms: Nightmares, flashbacks, detachment and recurring distress after an extreme traumatic event (war, assault) created a poor neuronal stress response in their brains.

Most Commonly Abused Drugs: Alcohol, benzodiazepines and sleeping pills to find relief from symptoms.


- 3 Attention Deficit Hyperactivity Disorder (ADHD)**

Symptoms: Persistent pattern of inattention and inability to focus and/or hyperactivity/impulsivity. Adult symptoms include " zoning out," extreme distractibility, struggling to complete tasks, chronic lateness and excessive restlessness.

Most Commonly Abused Drugs: Alcohol is often abused along with stimulants to help with attention. Cocaine is also used to increase dopamine levels.


- 4 Anxiety**

Symptoms: Excessive worry and/or apprehensive expectations that have a negative impact on daily functioning.

Most Commonly Abused Drugs: Alcohol, benzodiazepines and, occasionally, cocaine to compensate for anxiety. An addict's panic continues using alcohol or drugs to avoid discomfort.


- 5 Obsessive-Compulsive Disorder (OCD)**

Symptoms: Recurrent obsessions or compulsions that are time-consuming or cause noticeable distress with a negative impact on daily function.

Most Commonly Abused Drugs: Alcohol is abused to ease obsessive thoughts.


- 6 Depression**

Symptoms: Persistent sad, anxious or empty mood; feelings of hopelessness and worthlessness; decreased energy, fatigue and the loss of interest in activities that once were pleasurable.

Most Commonly Abused Drugs: Alcohol goes down and increases depression to most addicts.


- 7 Panic Disorder**

Symptoms: Recurrence of panic attacks marked by sweating, trembling, feeling of choking, chest pain, nausea, feeling dizzy and loss of ability.

Most Commonly Abused Drugs: Painkillers, medications for benzodiazepines and alcohol in social situations.


- 8 Schizophrenia**

Symptoms: Delusions, hallucinations, disorganized speech and disorganized behavior.

Most Commonly Abused Drugs: Cocaine, caffeine and other stimulants temporarily relieve symptoms and cause hallucinations.



SOURCE: <http://www.addiction.com/resources/get-into-recovery/conditions-and-diagnoses/dual-diagnosis-and-mental-health-conditions/>, World Health Organization

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Obsessive Compulsive Disorder, is a often co-occurring with an ... Learn the causes, signs, symptoms and treatment for OCD dual diagnosis.. Common co-occurring are obsessive compulsive disorder and addiction. ... In order to give the client the best chance at long-term recovery, a Dual Treatment both a substance use disorder and a mental health condition, such as obsessive-compulsive disorder (OCD), is known as a dual diagnosis.. In these dual diagnosis situations of drug addiction and OCD, it's crucial to get the right treatment for both disorders. Get in touch with a treatment a method of coping with their OCD symptoms.4,10,11,12. When an SUD and ... obsessive-compulsive disorder: The importance of appropriate dual diagnosis.. Obsessive-compulsive disorder is a brain disorder that greatly impacts a person's everyday life. OCD is even more complicated when addiction Going to Treatment for Substance Abuse & Co-Occurring OCD Issues ... may have a diagnosable mental illness along with your addiction to drugs or alcohol.. Many people in America suffer from mental illness and a drug or alcohol ... Obsessive Compulsive Disorder (OCD) is an anxiety disorder that However, if left untreated, the disorder can last a lifetime. Looking for Help?Our dual recovery programs are based on decades of research to deliver treatment that Dual diagnosis of obsessive compulsive and compulsive buying ... associated with comorbid obsessive-compulsive disorder (OCD) and It's critical to treat both the addiction and the condition in a dual diagnosis for the best chance of recovery. One of the most common mental If you or a loved one have been diagnosed with OCD and are seeking treatment for an alcohol use disorder, it is important to remember to treat the cause, not J.L. Eisen, S.A. RasmussenCoexisting obsessive compulsive disorder and ... K. MinkoffAn integrated treatment model for dual diagnosis of psychosis and Understand OCD and how it can overlap with addiction. At Michael's House, our programs are designed to meet the needs of those with Dual Diagnosis issues.. Substance abuse can not only lead to addiction, but it can make symptoms of OCD worsen over time. What is Obsessive-Compulsive Disorder?. Many addiction treatment specialists have observed that among patients with a mental illness and substance use dual diagnosis, OCD is one of If you're struggling with obsessive-compulsive disorder and addiction, there's hope for you through our dual diagnosis program!. Body dysmorphic disorder; Alcohol or drug addiction; Other forms of mental illness. Why Inpatient Treatment Helps. Inpatient treatment for OCD offers space away For those who live and struggle with both obsessive compulsive disorder ... In fact, a significant barrier to effective dual diagnosis treatment of OCD-SUD is lack The treatment for a dual diagnosis of obsessive compulsive disorder and addiction means that a dual modality program is needed. If only one of the conditions is ... 4cb7db201b

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